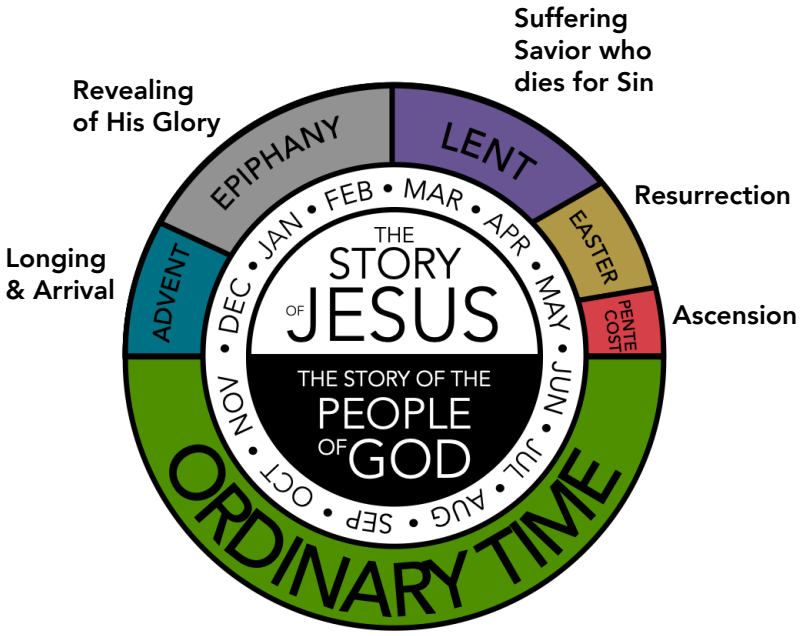
DAILY READING PLAN

PART
2

WHAT IS THE LITURGICAL CALENDAR?

The Church calendar, a nearly 1600 year-old resource, reflects the storyline of the Gospel. Beginning in Advent, the flow of the Church Year tells the story of Jesus. The seasons of Advent, Christmas, and Epiphany take us through the experience of longing for a Rescuer, His arrival, and the revealing of His glory to us. Lent and Easter help us experience the reality of our own sin, and our need for a suffering Savior who dies and rises from the dead to free us from our sin and give us new life. The Day of Pentecost (marked in red) and the season of Ordinary Time help us see the part we play in God's Story as we embrace our role as missionaries of Christ now ascended to the Father who has poured out His Holy Spirit on the Church, sending us with the Gospel to our neighbors and to the nations as we await His return. The CFEB readings and message series seek to align with these high points during the Church Year, even reflecting the colors of the Church calendar. Therefore, through the readings the books of the Bible are not read in order, but in light of their doctrinal focus and alignment with the rhythm of the Church year.



WHY READ THE BIBLE?

The Bible is crucial for developing an intimate relationship with God. It's God's Word to us. In it God shows us who He is, it shows His plan for saving the world from sin, and as we grow in our relationship with Him, it shows His expectation of who we are supposed to be. It is the primary means for knowing God. Thus, this plan is created to assist us in the regular reading of the Bible. In it there are a few unique features:

UNIQUE FEATURES OF THIS PLAN

TWO-YEAR CYCLE

The two-year plan takes the pressure off of trying to read through the entire Bible in one year.

USE OF REPETITION

By reading New Testament passages multiple days in a row, you will strengthen your comprehension of the Bible.

SENSIVITY TO THE CHURCH CALENDAR

The Church calendar reflects the storyline of the Gospel as does the selection and order of the books in the reading plan.

INCLUSION OF A DAILY PSALM OR PROVERB

Each day a reading from the Psalms or Proverbs is included to serve as an aid for morning and evening prayer.

DAYS OF REFLECTION AND MAKE-UP

Every seven days is a day to catch up and reflect on what you have been reading.

PRACTICAL INSTRUCTIONS

SCHEDULE A DAILY TIME AND PLACE

The best way to continue reading is to form a ritualized habit. This might seem disingenuous, but not all habits are bad . Just think of simple ones like daily hygene habits or even meals. These help bring wholeness even if they are repetitive.

PICK A BIBLE

We recommend the NIV as a balanced approach to translation of the original text and the meaning, but find a Bible that is easy for you to understand.

READ PRAYERFULLY

Pray for God's Holy Spirit to help give you understanding, help you enjoy your reading, and help in applying what it says.

LOOK FOR JESUS

Look for Jesus and for Gospel patterns in the text that you might love Christ more.

READ WITH A FRIEND

Join others in using the plan and share with them what God is showing you. Use the weekly Facebook post to share what God is teaching you.

DON'T GIVE UP

If you get behind, start again at the assigned reading for the day and move foward.

FOUR STEP BIBLE STUDY

The following four steps will help you understand the Bible more clearly. Be sure to grab a bookmark from the church lobby of the Four Step Bible Study Process.

OBSERVATION

What does the text say?

Ask the important questions of the text you are reading:

-Who is the author?
Is this an apostle? Is it a friend? Is it a pastor?

-Who is the audience?
Who's receiving this passage? Who is it intended for? Is it a group of people? Is it an individual?

-What is the approach?
What style of writing is this? Is the author writing a poem to communicate? Is it a letter? Is it a historical record?

INTERPRETATION

What does the text mean?

What's the main idea the author is trying to communicate to his readers or listeners? Why is this passage important?

APPLICATION

How should the truth of this text change me?

As you've thought about what this meant orignally to the audience, what is a truth you need to put into practice or a command you need to follow? What is the Holy Spirit asking you to do? Remember, our heart should be to align our lives with the Bible and not the other way around.

PRAYER

What should I ask God to do in and through me?

Ask God to help you understand what you're reading and ask Him to help you be obedient to what it says.

DEC

1	REFLECTION/MAKE-UP		
2	JER 23	PS 1	1 TH 1-3
3	JER 24:1-25:14	PS 2	1 TH 1-3
4	JER 25:15-26:15	PS 3	1 TH 1-3
5	JER 26:16-27:22	PS 4	1 TH 4-5
6	JER 28:1-29:23	PS 5	1 TH 4-5
7	JER 29:24-30:24	PS 6:1-3	1 TH 4-5
8	REFLECTION/MAKE-UP		
9	JER 31:1-30	PS 6:4-10	2 TH 1-3
10	JER 31:31-32:15	PS 7	2 TH 1-3
11	JER 32:16-44	PS 8	2 TH 1-3
12	JER 33	PS 9:1-8	MK 1-3
13	JER 34-35	PS 9:9-20	MK 1-3
14	JER 36	PS 10:1-11	MK 1-3
15	REFLECTION/MAKE-UP		
16	JER 37-38:13	PS 10:12-18	MK 4-6
17	JER 38:14-39:18	PS 11	MK 4-6
18	JER 40-41	PS 12	MK 4-6
19	JER 42-43	PS 13	MK 7-9
20	JER 44	PS 14	MK 7-9
21	JER 45-47	PS 15	MK 7-9
22	REFLECTION/MAKE-UP		
23	JER 48	PS 16	MK 10-12
24	JER 49:1-27	PS 17	MK 10-12
25	JER 49:28-39	PS 18:1-5	MK 10-12
26	JER 50	PS 18:6-12	MK 13-14
27	JER 51:1-26	PS 18:13-19	MK 13-14
28	JER 51:27-64	PS 18:20-30	MK 13-14
29	REFLECTION/MAKE-UP		
30	JER 52	PS 18:31-42	MK 15-16
31	ML 1-2:9	PS 18:43-50	MK 15-16

JAN

1	ML 2:10-4:6	PS 19:1-6	MK 15-16
2	JOEL 1-2:11	PS 19:7-14	JN 1-3
3	JOEL 2:12-3:21	PS 20	JN 1-3
4	JON 1-4	PS 21	JN 1-3
5	REFLECTION/MAKE-UP		
6	IS 1	PS 22:1-8	JN 4-5
7	IS 2	PS 22:9-18	JN 4-5
8	IS 3-4	PS 22:19-31	JN 4-5
9	IS 5	PS 23	JN 6-8
10	IS 6-7	PS 24	JN 6-8
11	IS 8-9:7	PS 25:1-7	JN 6-8
12	REFLECTION/MAKE-UP		
13	IS 9:8-10:19	PS 25:8-22	JN 9-10
14	IS 10:20-11:16	PS 26:1-5	JN 9-10
15	IS 12-13	PS 26:6-12	JN 9-10
16	IS 14	PS 27	JN 11-12
17	IS 15-17	PS 28	JN 11-12
18	IS 18-19	PS 29:1-4	JN 11-12
19	REFLECTION/MAKE-UP		
20	IS 20-21	PS 29:5-11	JN 13-15
21	IS 22	PS 30	JN 13-15
22	IS 23-24	PS 31:1-5	JN 13-15
23	IS 25-26	PS 31:6-13	JN 16-17
24	IS 27-28:13	PS 31:14-24	JN 16-17
25	IS 28:14-29:24	PS 32	JN 16-17
26	REFLECTION/MAKE-UP		
27	IS 30	PS 33:1-9	JN 18-19
28	IS 31-32	PS 33:10-22	JN 18-19
29	IS 33-34	PS 34:1-10	JN 18-19
30	IS 35-36	PS 34:11-22	JN 20-21
31	IS 37	PS 35:1-3	JN 20-21

FEB

1	IS 38-39	PS 35:4-10	JN 20-21
2	REFLECTION/MAKE-UP		
3	IS 40	PS 35:11-18	JUD, 1 JN 1-2
4	IS 41	PS 35:19-28	JUD, 1 JN 1-2
5	IS 42	PS 36	JUD, 1 JN 1-2
6	IS 43	PS 37:1-6	1 JN 3-5
7	IS 44	PS 37:7-17	1 JN 3-5
8	IS 45-46	PS 37:18-29	1 JN 3-5
9	REFLECTION/MAKE-UP		
10	IS 47-48	PS 37:30-40	HEB 1-3
11	IS 49	PS 38:1-8	HEB 1-3
12	IS 50-51	PS 38:9-22	HEB 1-3
13	IS 52-53	PS 39:1-6	HEB 4-6
14	IS 54-55	PS 39:7-13	HEB 4-6
15	IS 56-57	PS 40:1-8	HEB 4-6
16	REFLECTION/MAKE-UP		
17	IS 58-59	PS 40:9-17	HEB 7-9
18	IS 60-61	PS 41:1-7	HEB 7-9
19	IS 62-63:14	PS 41:8-13	HEB 7-9
20	IS 63:15-65:16	PS 42	HEB 10-11
21	IS 65:17-66:24	PS 43	HEB 10-11
22	RU 1-2	PS 44:1-8	HEB 10-11
23	REFLECTION/MAKE-UP		
24	RU 3-4	PS 44:9-26	HEB 12-13
25	EX 1-2:10	PS 45:1-9	HEB 12-13
26	EX 2:11-3:22	PS 45:10-17	HEB 12-13
27	EX 4	PS 46	MT 1-3
28	EX 5	PS 47	MT 1-3

MAR

1	EX 6	PS 48:1-8	MT 1-3
2	REFLECTION/MAKE-UP		
3	EX 7	PS 48:9-14	MT 4-6
4	EX 8	PS 49:1-12	MT 4-6
5	EX 9	PS 49:13-20	MT 4-6
6	EX 10-11	PS 50:1-11	MT 7-9
7	EX 12:1-32	PS 50:12-23	MT 7-9
8	EX 12:33-13:22	PS 51:1-6	MT 7-9
9	REFLECTION/MAKE-UP		
10	EX 14	PS 51:7-19	MT 10-12
11	EX 15	PS 52	MT 10-12
12	EX 16	PS 53	MT 10-12
13	EX 17-18	PS 54	MT 13-15
14	EX 19	PS 55:1-11	MT 13-15
15	EX 20	PS 55:12-23	MT 13-15
16	REFLECTION/MAKE-UP		
17	EX 21:1-32	PS 56	MT 16-18
18	EX 21:33-22:15	PS 57:1-5	MT 16-18
19	EX 22:16-23:19	PS 57:6-11	MT 16-18
20	EX 23:20-24:18	PS 58	MT 19-21
21	EX 25:1-30	PS 59:1-7	MT 19-21
22	EX 25:31-40	PS 59:8-17	MT 19-21
23	REFLECTION/MAKE-UP		
24	EX 26	PS 60	MT 22-24
25	EX 27	PS 61	MT 22-24
26	EX 28	PS 62	MT 22-24
27	EX 29	PS 63:1-4	MT 25-26
28	EX 30	PS 63:5-11	MT 25-26
29	EX 31	PS 64	MT 25-26
30	REFLECTION/MAKE-UP		
31	EX 32	PS 65:1-8	MT 27-28

APR

1	EX 33-34:9	PS 65:9-13	MT 27-28
2	EX 34:10-35	PS 66:1-7	MT 27-28
3	EX 35:1-29	PS 66:8-20	1 CO 1-3
4	EX 35:30-36:38	PS 67	1 CO 1-3
5	EX 37	PS 68:1-6	1 CO 1-3
6	REFLECTION/MAKE-UP		
7	EX 38	PS 68:7-14	1 CO 4-6
8	EX 39	PS 68:15-23	1 CO 4-6
9	EX 40:1-16	PS 68:24-35	1 CO 4-6
10	EX 40:17-38	PS 69:1-12	1 CO 7-9
11	DAN 1	PS 69:13-18	1 CO 7-9
12	DAN 2:1-30	PS 69:19-28	1 CO 7-9
13	REFLECTION/MAKE-UP		
14	DAN 2:31-3:7	PS 69:29-36	1 CO 10-12
15	DAN 3:8-4:18	PS 70	1 CO 10-12
16	DAN 4:19-5:12	PS 71:1-11	1 CO 10-12
17	DAN 5:13-6:28	PS 71:12-24	1 CO 13-16
18	DAN 7	PS 72:1-7	1 CO 13-16
19	DAN 8	PS 72:8-20	1 CO 13-16
20	REFLECTION/MAKE-UP		
21	DAN 9	PR 1	1 PT 1-3
22	DAN 10	PR 2	1 PT 1-3
23	DAN 11-12	PR 3	1 PT 1-3
24	LEV 1	PR 4	1 PT 4-5
25	LEV 2	PR 5	1 PT 4-5
26	LEV 3	PR 6	1 PT 4-5
27	REFLECTION/MAKE-UP		
28	LEV 4	PR 7	2 PT 1-3
29	LEV 5	PR 8	2 PT 1-3
30	LEV 6	PR 9	2 PT 1-3

MAY

1	LEV 7	PR 10	LK 1-3
2	LEV 8	PR 11	LK 1-3
3	LEV 9	PR 12	LK 1-3
4	REFLECTION/MAKE-UP		
5	LEV 10	PR 13	LK 4-6
6	LEV 11	PR 14	LK 4-6
7	LEV 12	PR 15	LK 4-6
8	LEV 13	PR 16	LK 7-9
9	LEV 14	PR 17	LK 7-9
10	LEV 15	PR 18	LK 7-9
11	REFLECTION/MAKE-UP		
12	LEV 16	PR 19	LK 10-12
13	LEV 17	PR 20	LK 10-12
14	LEV 18	PR 21	LK 10-12
15	LEV 19	PR 22	LK 13-15
16	LEV 20	PR 23	LK 13-15
17	LEV 21	PR 24	LK 13-15
18	REFLECTION/MAKE-UP		
19	LEV 22	PR 25	LK 16-18
20	LEV 23	PR 26	LK 16-18
21	LEV 24	PR 27	LK 16-18
22	LEV 25	PR 28	LK 19-21
23	LEV 26	PR 29	LK 19-21
24	LEV 27	PR 30	LK 19-21
25	REFLECTION/MAKE-UP		
26	MIC 1-2	PR 31	LK 22-24
27	MIC 3-4	PS 73:1-15	LK 22-24
28	MIC 5-6	PS 73:16-22	LK 22-24
29	MIC 7	PS 73:23-28	AC 1-3
30	ZP 1-3	PS 74:1-8	AC 1-3
31	HG 1-2	PS 74:9-19	AC 1-3

JUN

1	REFLECTION/MAKE-UP		
2	OB 1	PS 74:20-23	AC 4-6
3	NUM 1:1-46	PS 75	AC 4-6
4	NUM 1:47-2:34	PS 76	AC 4-6
5	NUM 3:1-32	PS 77:1-9	AC 7-9
6	NUM 3:33-51	PS 77:10-20	AC 7-9
7	NUM 4	PS 78:1-8	AC 7-9
8	REFLECTION/MAKE-UP		
9	NUM 5	PS 78:9-20	AC 10-12
10	NUM 6	PS 78:21-31	AC 10-12
11	NUM 7:1-23	PS 78:32-51	AC 10-12
12	NUM 7:24-53	PS 78:52-66	AC 13-15
13	NUM 7:54-89	PS 78:67-72	AC 13-15
14	NUM 8	PS 79	AC 13-15
15	REFLECTION/MAKE-UP		
16	NUM 9-10:10	PS 80:1-13	AC 16-18
17	NUM 10:11-36	PS 80:14-19	AC 16-18
18	NUM 11	PS 81	AC 16-18
19	NUM 12:1-13:24	PS 82	AC 19-22
20	NUM 13:25-14:19	PS 83	AC 19-22
21	NUM 14:20-45	PS 84:1-4	AC 19-22
22	REFLECTION/MAKE-UP		
23	NUM 15:1-31	PS 84:5-12	AC 23-25
24	NUM 15:32-41	PS 85:1-7	AC 23-25
25	NUM 16	PS 85:8-13	AC 23-25
26	NUM 17-18	PS 86	AC 26-28
27	NUM 19	PS 87	AC 26-28
28	NUM 20	PS 88:1-7	AC 26-28
29	REFLECTION/MAKE-UP		
30	NUM 21	PS 88:8-18	RM 1-3

JUL

1	NUM 22:1-21	PS 89:1-18	RM 1-3
2	NUM 22:22-23:12	PS 89:19-29	RM 1-3
3	NUM 23:13-24:14	PS 89:30-37	RM 4-6
4	NUM 24:15-25:18	PS 89:38-52	RM 4-6
5	NUM 26:1-27	PS 90:1-6	RM 4-6
6	REFLECTION/MAKE-UP		
7	NUM 26:28-65	PS 90:7-17	RM 7-9
8	NUM 27	PS 91:1-6	RM 7-9
9	NUM 28-29:6	PS 91:7-16	RM 7-9
10	NUM 29:7-40	PS 92	RM 10-12
11	NUM 30	PS 93	RM 10-12
12	NUM 31	PS 94:1-11	RM 10-12
13	REFLECTION/MAKE-UP		
14	NUM 32	PS 94:12-23	RM 13-16
15	NUM 33:1-19	PS 95	RM 13-16
16	NUM 33:20-49	PS 96	RM 13-16
17	NUM 33:50-34:15	PS 97	JM 1-3
18	NUM 34:16-35:8	PS 98	JM 1-3
19	NUM 35:9-36:13	PS 99	JM 1-3
20	REFLECTION/MAKE-UP		
21	JSH 1	PS 100-101	JM 4-5
22	JSH 2	PS 102:1-11	JM 4-5
23	JSH 3-4	PS 102:12-28	JM 4-5
24	JSH 5-6	PS 103:1-5	COL 1-2
25	JSH 7	PS 103:6-14	COL 1-2
26	JSH 8	PS 103:15-22	COL 1-2
27	REFLECTION/MAKE-UP		
28	JSH 9	PS 104:1-9	COL 3-4
29	JSH 10:1-28	PS 104:10-23	COL 3-4
30	JSH 10:29-11:23	PS 104:24-35	COL 3-4
31	JSH 12	PS 105:1-11	GA 1-3

AUG

1	JSH 13	PS 105:12-25	GA 1-3
2	JSH 14	PS 105:26-38	GA 1-3
3	REFLECTION/MAKE-UP		
4	JSH 15	PS 105:39-45	GA 4-6
5	JSH 16-17	PS 106:1-12	GA 4-6
6	JSH 18:1-19:9	PS 106:13-23	GA 4-6
7	JSH 19:10-51	PS 106:24-33	EPH 1-3
8	JSH 20	PS 106:34-48	EPH 1-3
9	JSH 21:1-22:9	PS 107:1-9	EPH 1-3
10	REFLECTION/MAKE-UP		
11	JSH 22:10-23:16	PS 107:10-22	EPH 4-6
12	JSH 24	PS 107:23-32	EPH 4-6
13	JDG 1	PS 107:33-43	EPH 4-6
14	JDG 2:1-3:11	PS 108	PHP 1-2
15	JDG 3:12-4:24	PS 109:1-15	PHP 1-2
16	JDG 5	PS 109:16-20	PHP 1-2
17	REFLECTION/MAKE-UP		
18	JDG 6:1-27	PS 109:21-31	PHP 3-4
19	JDG 6:28-7:25	PS 110	PHP 3-4
20	JDG 8	PS 111	PHP 3-4
21	JDG 9:1-21	PS 112	PHM, 2 JN, 3 JN
22	JDG 9:22-57	PS 113	PHM, 2 JN, 3 JN
23	JDG 10	PS 114	PHM, 2 JN, 3 JN
24	REFLECTION/MAKE-UP		
25	JDG 11	PS 115:1-8	2 CO 1-3
26	JDG 12-13	PS 115:9-18	2 CO 1-3
27	JDG 14-15	PS 116	2 CO 1-3
28	JDG 16:1-22	PS 117:1-118:9	2 CO 4-6
29	JDG 16:23-17:13	PS 118:10-18	2 CO 4-6
30	JDG 18	PS 118:19-29	2 CO 4-6
31	REFLECTION/MAKE-UP		

SEP

1	JDG 19	PS 119:1-8	2 CO 7-8
2	JDG 20	PS 119:9-24	2 CO 7-8
3	JDG 21	PS 119:25-32	2 CO 7-8
4	JOB 1-2	PS 119:33-48	2 CO 9-10
5	JOB 3	PS 119:49-56	2 CO 9-10
6	JOB 4	PS 119:57-72	2 CO 9-10
7	REFLECTION/MAKE-UP		
8	JOB 5	PS 119:73-80	2 CO 11-13
9	JOB 6	PS 119:81-88	2 CO 11-13
10	JOB 7-8	PS 119:89-96	2 CO 11-13
11	JOB 9	PS 119:97-112	1 TI 1-3
12	JOB 10	PS 119:113-120	1 TI 1-3
13	JOB 11-12	PS 119:121-136	1 TI 1-3
14	REFLECTION/MAKE-UP		
15	JOB 13	PS 119:137-144	1 TI 4-6
16	JOB 14	PS 119:145-160	1 TI 4-6
17	JOB 15	PS 119:161-176	1 TI 4-6
18	JOB 16	PS 120	2 TI 1-2
19	JOB 17-18	PS 121	2 TI 1-2
20	JOB 19	PS 122-123	2 TI 1-2
21	REFLECTION/MAKE-UP		
22	JOB 20	PS 124	2 TI 3-4
23	JOB 21	PS 125-126	2 TI 3-4
24	JOB 22	PS 127-128	2 TI 3-4
25	JOB 23-24	PS 129	TITUS 1-3
26	JOB 25-27	PS 130	TITUS 1-3
27	JOB 28	PS 131	TITUS 1-3
28	REFLECTION/MAKE-UP		
29	JOB 29	PS 132	AC 1-3
30	JOB 30	PS 133-134	AC 1-3

OCT

1	JOB 31	PS 135:1-12	AC 1-3
2	JOB 32	PS 135:13-21	AC 4-6
3	JOB 33	PS 136:1-9	AC 4-6
4	JOB 34	PS 136:10-26	AC 4-6
5	REFLECTION/MAKE-UP		
6	JOB 35	PS 137	AC 7-9
7	JOB 36	PS 138	AC 7-9
8	JOB 37	PS 139:1-12	AC 7-9
9	JOB 38	PS 139:13-24	AC 10-12
10	JOB 39:1-40:2	PS 140	AC 10-12
11	JOB 40:3-24	PS 141	AC 10-12
12	REFLECTION/MAKE-UP		
13	JOB 41-42	PS 142	AC 13-15
14	EZK 1	PS 143	AC 13-15
15	EZK 2-3:15	PS 144:1-8	AC 13-15
16	EZK 3:16-4:17	PS 144:9-15	AC 16-18
17	EZK 5-6	PS 145:1-9	AC 16-18
18	EZK 7	PS 145:10-21	AC 16-18
19	REFLECTION/MAKE-UP		
20	EZK 8-9	PS 146	AC 19-22
21	EZK 10-11:13	PS 147	AC 19-22
22	EZK 11:14-12:28	PS 148	AC 19-22
23	EZK 13	PS 149	AC 23-25
24	EZK 14-15	PS 150	AC 23-25
25	EZK 16:1-22	PR 1	AC 23-25
26	REFLECTION/MAKE-UP		
27	EZK 16:23-63	PR 2	AC 26-28
28	EZK 17	PR 3	AC 26-28
29	EZK 18	PR 4	AC 26-28
30	EZK 19:1-20:32	PR 5	RE 1-3
31	EZK 20:33-49	PR 6	RE 1-3

NOV

1	EZK 21	PR 7	RE 1-3
2	REFLECTION/MAKE-UP		
3	EZK 22	PR 8	RE 4-6
4	EZK 23	PR 9	RE 4-6
5	EZK 24	PR 10	RE 4-6
6	EZK 25-26	PR 11	RE 7-9
7	EZK 27	PR 12	RE 7-9
8	EZK 28	PR 13	RE 7-9
9	REFLECTION/MAKE-UP		
10	EZK 29	PR 14	RE 10-12
11	EZK 30-31	PR 15	RE 10-12
12	EZK 32	PR 16	RE 10-12
13	EZK 33	PR 17	RE 13-14
14	EZK 34	PR 18	RE 13-14
15	EZK 35-36:15	PR 19	RE 13-14
16	REFLECTION/MAKE-UP		
17	EZK 36:16-38	PR 20	RE 15-16
18	EZK 37	PR 21	RE 15-16
19	EZK 38-39	PR 22	RE 15-16
20	EZK 40:1-23	PR 23	RE 17-18
21	EZK 40:24-49	PR 24	RE 17-18
22	EZK 41	PR 25	RE 17-18
23	REFLECTION/MAKE-UP		
24	EZK 42-43:12	PR 26	RE 19-20
25	EZK 43:13-44:14	PR 27	RE 19-20
26	EZK 44:15-45:25	PR 28	RE 19-20
27	EZK 46	PR 29	RE 21-22
28	EZK 47	PR 30	RE 21-22
29	EZK 48	PR 31	RE 21-22
30	REFLECTION/MAKE-UP		